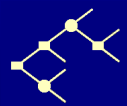


***An Implementation Of
Flipped Learning
For OR Courses***

Philip M. Troy, Ph.D.

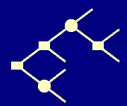
Quantitative Process & Decision Support/Systems Analyst



My Background

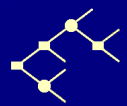
- **Past:**
 - **Ph.D. In Operations Research (Queuing Theory)**
 - **Consulting**
 - **Assistant Professor At McGill University 20 years ago**

- **Now:**
 - **Quantitative health care decision support/systems analyst**
 - **Adjunct Professor of Surgery at McGill University**
 - **Part time instructor at Continuing Studies at McGill University**



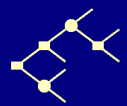
Nadia Lahrichi

- **Ph.D. Industrial Engineering**
- **Assistant Professor Ecole Polytechnique**
- **Expert in scheduling and optimization**



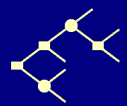
Lawrence Rosenberg

- **M.D.**
- **Ph.D. (experimental surgery)**
- **Professor of Surgery (A.G. Thompson Chair of Surgical Research at McGill)**
- **Chief of surgical services JGH**
- **Head of JGH transformational change effort**



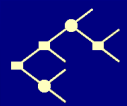
The JGH's Previous Pre-Surgical Screening Clinic

- **Near the blood test center**
- **Very little space**
- **Tiny exam rooms**
- **...**



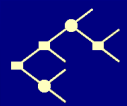
Challenges Facing Previous PSS Clinic

- **Insufficient space for waiting (wheel chairs), exams, training, . . .**
- **Not enough staff (i.e. nurses and admin techs)**
- **Teaching only provided to fraction of patients**
- **Inefficient flow of patient and high wait time**
- **Inconsistent medication adjustments**
- **Dealing with abnormal results**
- **Completing charts on-time and adequate follow-up**



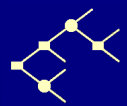
Consequences

- **Patients weren't always properly prepared for procedures**
- **Delays in starting procedures**
- **Some cancelations**
- **Excessive patient waiting**



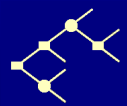
Literature/Analysis

- **Research literature indicates that a lack of comprehensive services increases likelihood of post-op complications**
- **Analysis of the previous PSS clinic indicated need for:**
 - **More services (ex: pharmacist, nurse training for all)**
 - **More staffing (nurses, doctors)**
 - **To move patients faster**
 - **To screen and identify patients with infection precaution or allergies (ex. MRSA exposure, latex allergies)**
 - **To better manage abnormal test results**
 - **To complete charts at least 72 hours before the day of procedure**



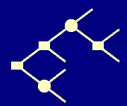
New Pre-Surgical Screening Clinic

- **Up to 35 patients/day would need to do some of the following:**
 - **Register for the clinic**
 - **Submit insurance information**
 - **See pharmacy technician**
 - **Change into a gown**
 - **Have ECG taken**
 - **See GP or Internist**
 - **Get dressed**
 - **Provide blood and urine samples**
 - **Watch training dvd**
 - **Receive individual training**



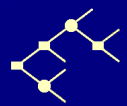
Management Challenges

- **Patients having differing needs**
- **Space requirements**
- **Physician idleness**
- **Staffing costs (including overtime costs)**
- **Excessive patient waiting**



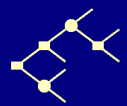
Complicating Factors

- **Patient profile mix**
- **Uncertainty about times needed for each task**
- **A few patients need to see pharmacy technician before physician**
- **No shows and cancellations (not yet addressed)**
- **Making sure that staff get breaks and lunch without affecting flow**



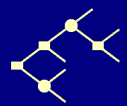
Management Decisions

- **Space**
- **Number of nurses**
- **Scheduling:**
 - **Staff – arrival times, break times, lunch times**
 - **Physicians – arrival times**
 - **Patients – arrival times**



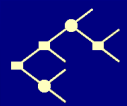
Tool Set

- **Discrete Event Simulation**
- **Optimization**
- **Simulation based optimization**



Simulation Model Challenges

- **Different activities for different patients**
- **Sequence of activities**
 - **Patients need to be in an exam room to change into their gown**
 - **Patients need to be in a gown before having their ECG taken**
 - . . .
- **Tracking which patient had done what and still needed to do what**
- **How to perform the optimization**



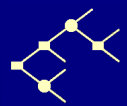
Simulation Modeling Approach

- **Animation**
 - **Normal approaches:**
 - **Flow chart**
 - **Geographic animation (i.e. in context of a floor plan)**
 - **Needed separate queues for all combinations of types of waiting**
- **Staff**
 - **Normally modeled as resources**
 - **Wanted more flexibility for simulating staff**
 - **Treated patients, staff and physical resources all as entities**



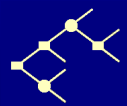
An Implementation Of Flipped Learning For OR Courses

Admission Staff	AS Not In PSS 2	AS In Transition 0	AS Idle 0	AS Idle Needs Break 0	AS Idle Needs Lunch 0	AS Idle Needs To Leave 0	AS In Bathroom 0	AS On Break 0	AS At Lunch 0	AS Register 1 0	AS Register 2 0											
Nurse	RN Not In PSS 3	RN In Transition 0	RN Idle 0	RN Idle Needs Break 0	RN Idle Needs Lunch 0	RN Idle Needs To Leave 0	RN In Bathroom 0	RN On Break 0	RN At Lunch 0	RN Call Patient 0	RN Train Patient 0	RN Train Group 0	RN 1st PA Chart Review 0	RN 2nd PA Chart Review 0								
Pharmacist	PH Not In PSS 1	PH In Transition 0	PH Idle 0	PH Idle Needs Break 0	PH Idle Needs Lunch 0	PH Idle Needs To Leave 0	PH In Bathroom 0	PH On Break 0	PH At Lunch 0	PH Interview Patient 0	PH Patient Follow Up 0											
ECG Technician	ECGT Not In PSS 1	ECGT In Transition 0	ECGT Idle 0	ECGT Idle Needs Break 0	ECGT Idle Needs Lunch 0	ECGT Idle Needs To Leave 0	ECGT In Bathroom 0	ECGT On Break 0	ECGT At Lunch 0	ECGT Taking ECG 0												
Blood Taker	BT Not In PSS 1	BT In Transition 0	BT Idle 0	BT Idle Needs Break 0	BT Idle Needs Lunch 0	BT Idle Needs To Leave 0	BT In Bathroom 0	BT On Break 0	BT At Lunch 0	BT Taking Blood 0												
General Practitioner	GP Not In PSS 2	GP In Transition 0	GP Idle 0	GP Idle Needs Break 0	GP Idle Needs Lunch 0	GP Idle Needs To Leave 0	GP In Bathroom 0	GP On Break 0	GP At Lunch 0	GP Seeing Patient 0												
Internist	IN Not In PSS 1	IN In Transition 0	IN Idle 0	IN Idle Needs Break 0	IN Idle Needs Lunch 0	IN Idle Needs To Leave 0	IN In Bathroom 0	IN On Break 0	IN At Lunch 0	IN Seeing Patient 0												
Patient Changing Room		CR In Transition 0	CR Idle 2									CR In Use 0										
Exam Room		ER In Transition 0	ER Idle 6									ECGT ER In Use 0	GP ER In Use 0	IN ER In Use 0								
DVD Player		DVD Player In Transition 0	DVD Player Idle 12									DVD Player Training 0										
Patient	PA Not In PSS 23	PA Register 1 0	PA Pharmacist 0	PA Into CR And Gown 0	PA Into GP ER And Gown 0	PA Into IN ER And Gown 0	PA Into ECGT ER 0	PA ECGT 0	PA Into GP ER 0	PA GP 0	PA Into IN ER 0	PA Internist 0	PA Out Of Gown 0	PA Into CR And Out Of Gown 0	PA DVD Training 0	PA Group Training 0	PA Individual Training 0	PA Register 2 0	PA Blood Taker 0	PA PSS Process Completed 0		
		PA Waits R1 12	PA Waits PH 0	PA Waits CR And Into Gown 0	PA Waits GP ER Gown 0	PA Waits IN ER Gown 0	PA Waits ECGT ER 0	PA Waits ECGT 0	PA Waits GP ER 0	PA Waits GP 0	PA Waits IN ER 0	PA Waits Internist 0		PA Waits CR And Out Of Gown 0	PA Waits DVD 0	PA Waits GT 0	PA Waits IT 0	PA Waits R2 0	PA Waits BT 0	PA Waits Consult 0		
			PA Waits PH R2 0	PA Waits CR And Into Gown R2 0	PA Waits GP ER Gown R2 0	PA Waits IN ER Gown R2 0									PA Waits DVD BT 0	PA Waits GT BT 0	PA Waits IT BT 0	PA Waits BT R2 0				
															PA Waits DVD R2 0	PA Waits GT R2 0	PA Waits IT R2 0					
															PA Waits DVD BT R2 0	PA Waits GT BT R2 0	PA Waits IT BT R2 0					



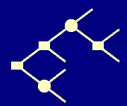
Simulation Model Data Requirements

- **Tasks needed for each patient profile**
- **Patient profile distribution**
- **Service time distributions**
- **Count of tasks needing to be done each day**



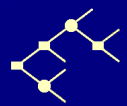
Actual Simulation Model Data

- **Patient profiles**
 - **Guesstimates from subject matter experts in existing (PAT) clinic**
- **Service time distributions**
 - **Triangular distribution guesstimates from subject matter experts**
 - **Patient self-time studies (in progress)**
- **Count of tasks needing to be done each day**
 - **Use patient profiles and tasks associated with each profile**



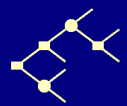
Simulation Model Miscellaneous Issues

- **Needed to determine rooms allocated to each type of physician**
 - **Can not pool rooms when GP and Internist work at same time**
 - **For Internist**
 - **When alone allocate all of the rooms**
 - **When with GP, allocate 2 for each Internist**



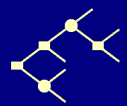
Validating The Simulation Model

- **Was difficult**
 - **Plan for PSS is in flux**
 - **Incomplete data**
- **Received feedback from management**
 - **PSS Clinic Nursing Coordinator**
 - **The Chief Of Surgical Services**
 - **Associate Director Of Professional Services**
- **Tested against schedule with deterministic service times**
- **It was known that results were sensitive to service time distribution estimates which were at best guesstimates**



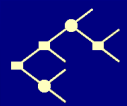
Optimization Issues

- **Need to start day early to get everyone done by end of day**
- **Certain staff had to arrive before other staff**
- **Breaks and lunches had to fit into 8 hour day**



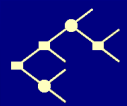
Optimization Problem – Objective Function

- **Minimize sum of costs of:**
 - **Physician idle time**
 - **Staff overtime**
 - **Excessive patient waiting time**



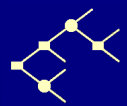
Optimization Problem - Constraints

- **Subject to**
 - **Getting patients done by the end of the day (21:00)**
 - **Staff break and lunch times are respected**
 - **Both general practitioners work in the morning**
 - **The sole internist works in the afternoon**
 - **At least 8 people in group training sessions**
 - **Sending staff home at end of their shift if there is another staff member who can finish up for them**



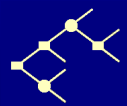
Optimization

- **Set initial values for each arrival time variable**
- **Set upper and lower bounds for each arrival time variable**
- **Select initial time increment**
- **Repeat forever**
 - **Loop through variables one at a time**
 - **Change variable positively and then negatively by time increment**
 - **If solution is feasible evaluate average of total simulated cost over a pre-determined number of days**
 - **Keep if it is an improvement**
 - **Gradually decrease magnitude of time increment**



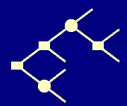
Optimization Challenges

- **Finishing all patients by end of day**
- **Sending staff home at end of their shift if there is another staff member who can finish up for them**
- **Determining what excessive patient waiting time is**
- **The internist in the afternoon**



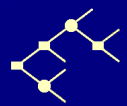
Best Decision Variable Values Found To Date

- **Depends on time distributions**
- **Using preliminary estimates (based on small study of existing PSS)**
- **Using guesstimates from ECG machine salesman**
- **Using slower dressing times**



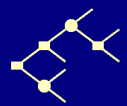
Best Decision Variable Values Found To Date

Entity Type	Type	Count	Times			
Admissions Staff	Arrival	2	6:00	6:00		
	Break		8:55	8:55		
	Lunch		11:50	11:50		
Registered Nurse	Arrival	3	7:00	7:00	7:05	
	Break		9:55	9:55	9:50	
	Lunch		12:25	12:25	12:20	
Pharmacist	Arrival	1	7:30			
	Break		9:30			
	Lunch		12:00			
ECG Technician	Arrival	1	6:25			
	Break		8:25			
	Lunch		10:55			
Blood Taker	Arrival	1	7:55			
	Break		10:05			
	Lunch		12:40			
General Practitioner	Arrival	2	6:30	7:00		
Internist	Arrival	1	10:10			



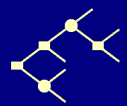
Best Decision Variable Values Found To Date

Patient	Arrival	35	6:00	6:00	6:00	6:00	6:00
			6:00	6:00	6:05	6:05	6:05
			6:05	6:05	6:20	6:25	6:35
			6:45	7:30	7:30	7:40	7:40
			7:50	8:10	8:15	8:20	8:20
			8:25	8:40	8:50	9:00	9:05
			9:30	9:45	10:05	10:35	11:40



Challenges For Extending To Other Clinics

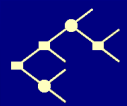
- **Many more queues**
- **Scheduling of different clinics**
- **Room availability**



Challenges For Extending To Other Clinics

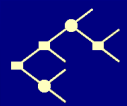
- **Collecting data**
 - It is very hard to get staff to track their own time
 - It would be very helpful to automate time tracking using two way RTLS (Real Time Location System)

- **Implementation**
 - It is relatively easy to do analysis
 - It is much harder to change processes



References

- **Joseph R. Brandner, Increasing Patient Flow And Resource Utilization In A Multidisciplinary Cancer Clinic, Masters Thesis, University Of Louisville, May 2009.**
- **Pablo Santibáñez, Vincent Chow, John French, Martin Puterman, Scott Tyldesley, Reducing Patient Wait Times and Improving Resource Utilization at BCCA's Ambulatory Care Unit through Simulation, CIHR Team Working Paper Series, www.ORinCancerCare.org/cihrteam.**
- **Thomas R. Rohleder, Peter Lewkonia, Diane Bischak, Paul Duffy, Rosa Hendijani, Using Simulation Modeling to Improve Patient Flow at an Outpatient Orthopedic Clinic.**



References – cont'd

- **Improving Wait Time for Chemotherapy in an Outpatient Clinic at a Comprehensive Cancer Center, JOURNAL ONCOLOGY PRACTICE, Vol. 8, Issue 1, 2012**
- **Pablo SANTIBAÑEZ, Vincent S CHOW, John FRENCH, Martin PUTERMAN, Scott TYLDESLEY, Process Data: a Means to Measure Operational Performance and Implement Advanced Analytical Models**